

18.10.2024

Hepburn Primary School acknowledges the Dja Dja Wurrung of the Kulin Nation as the Traditional custodians of the land on which we meet, play, learn and grow. We pay our respects to all First Nations people and their Elders, past and present. We are grateful, to be surrounded by the plants, land, animals, waterways and natural springs, the Djarra people created, protected and cared for, over thousands of years, as we continue to do so.



The Week Ahead— Monday 21st-Friday 25th October	
<a href="https://hepburnps.vic.edu.au/">https://hepburnps.vic.edu.au/</a>	
<b>Monday</b>	<ul style="list-style-type: none"> <li>Hepburn Springs Playgroup 10:15-11:15am</li> <li>Swimming commences</li> </ul>
<b>Tuesday</b>	
<b>Wednesday</b>	
<b>Thursday</b>	
<b>Friday</b>	<ul style="list-style-type: none"> <li>Breakfast Club</li> <li>Day for Daniel</li> <li>General Store lunch orders</li> <li>Assembly 3:00pm</li> </ul>
<b>Dates for the calendar</b>	<ul style="list-style-type: none"> <li>Monday 21st October, National Water Week, Swimming starts, Children's Week</li> <li>Friday 25th October, Day for Daniel, Assembly, Swiss Italian Festa</li> <li>Saturday 26th October, Swiss Italian Festa, HPS Trivia Night</li> <li>Monday 28th October, HPS Art Exhibition opens</li> <li>Monday 4th November, Curriculum Day—Assessment and reporting</li> <li>Tuesday 5th November, Melbourne Cup public holiday</li> <li>Thursday 7th November Science Works excursion</li> <li>Monday 11th November, Remembrance Day</li> <li>Monday 18th November, Glasses for Kids visit</li> <li>Monday 9th December, Grade 6 Graduation</li> <li>Tuesday 17th December, HPS Concert</li> </ul>

## Principal Report

An outstanding start to our final term for 2024!

Students and staff have settled back into routines and rich teaching and learning is well underway. It has been a joy hearing all the stories from our students holidays and seeing them so happy and refreshed. Well done Families!

Our school grounds received some maintenance over the break and are looking fantastic, so the students continue to tell me. Soft fall and sand topped up, gutters and pits vacuumed, weeds and scrub removed ready for the upcoming fire season and running repairs on the playground. Thank you Mel for your excellent efforts in adding to our carpark garden and your generosity with the garden equipment donated.

Our 2025 Family Session on Wednesday morning was a great success. We were able to share the day-to-day items of school life, connect the families with some of our existing ones and of course the students had an absolute ball. Next week, we get into the classroom. Thank you Nell, Brendan, Tim, Shannon and Tash for sharing your experiences and providing some handy tips.

I hope you all have a terrific weekend.

Chat soon,

Matt



**Hepburn Primary School**  
Established 1864

*Curiosity Courage Kindness*

*We are a vibrant community of unique individuals where all are inspired to learn, laugh and flourish together*

## Now taking enrolments



## We are SunSmart - a note for families

Too much of the sun's ultraviolet (UV) radiation can cause sunburn, skin and eye damage and skin cancer.

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable cancers.

**You can't see or feel the sun's UV. Whatever the weather, if the UV levels are three or more, it's important to *Slip, Stop, Slap, Seek and Slide!***

### Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.



Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at [sunsmart.com.au](http://sunsmart.com.au) and as a free SunSmart app. Sun protection times can also be found at the [Bureau of Meteorology website](http://Bureau of Meteorology website) and live UV levels are available from [ARPANSA](http://ARPANSA).

### SunSmart membership

Our school is a registered member of Cancer Council Victoria's SunSmart Schools Program. We aim to protect students and staff from too much UV.

Sun protection and skin cancer prevention is a shared responsibility. Please help support our SunSmart membership and sun protection efforts by ensuring your child follows the SunSmart measures included in our policy at school and at home.

During the daily local sun protection times (usually from mid-August to the end of April), **use these 5 SunSmart steps – even if it's cool and cloudy.**

### 1. **SLIP** on covering clothing

For free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.



### 2. **SLOP** on SPF50+ broad-spectrum, water-resistant sunscreen

Apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to reapply throughout the day. Sunscreen should be reapplied every two hours. Please ensure children get plenty of sunscreen application practice at home so they'll be all set when they are at school. Under supervision, ask children to put a dot of sunscreen on each cheek, nose and chin and rub it in (avoiding the eye area) and sunscreen squiggles or dots on the back of the neck, arms and legs to cover these areas.

### 3. **SLAP** on a hat that protects the face, neck and ears

Choose a wide-brimmed, legionnaire or bucket hat. Peak caps and visors do not offer enough UV protection so please leave them at home. Please help your child remember to bring and wear their approved **school hat**. Please keep this at school so they will always be ready for outdoor activities, outdoor learning and play during school days. For the walk to and from school and weekends, please have an extra **home hat** to help keep children protected at home.

### 4. **SEEK** shade

Choose shady spots for learning and play whenever possible.

### 5. **SLIDE** on wrap-around AS1067 sunglasses

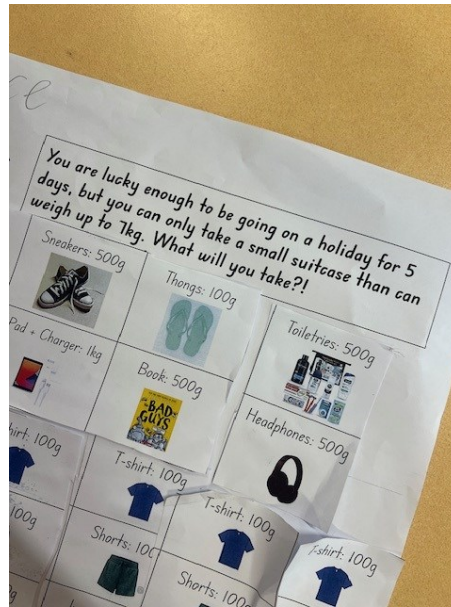
When appropriate and practical, help protect the eyes with sunglasses.

*Need information in another language? Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language*

# Newsletter

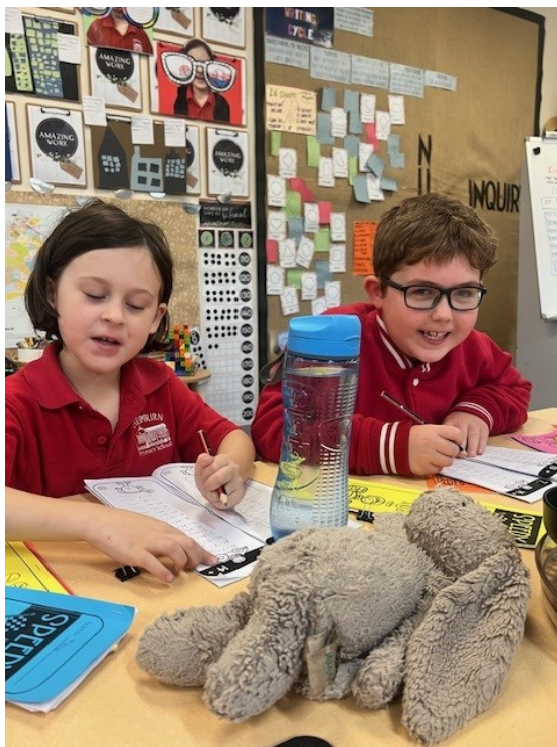


I like the new arrangement of the library. It has new places to sit and read - Blake



We have been creating a packing list for a holiday - Grace

## The HPS Experience— Around the rooms



I like maths because I get to add stuff and figure out the answer - Tate



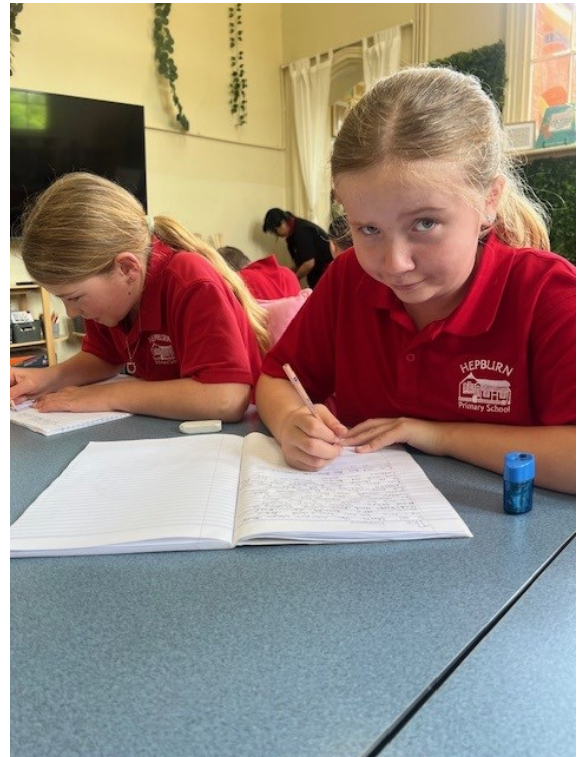
In music we play different instruments like the drums and ukuleles - Damon

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My next story is about ghost face. Writing makes me feel amazing - Honey



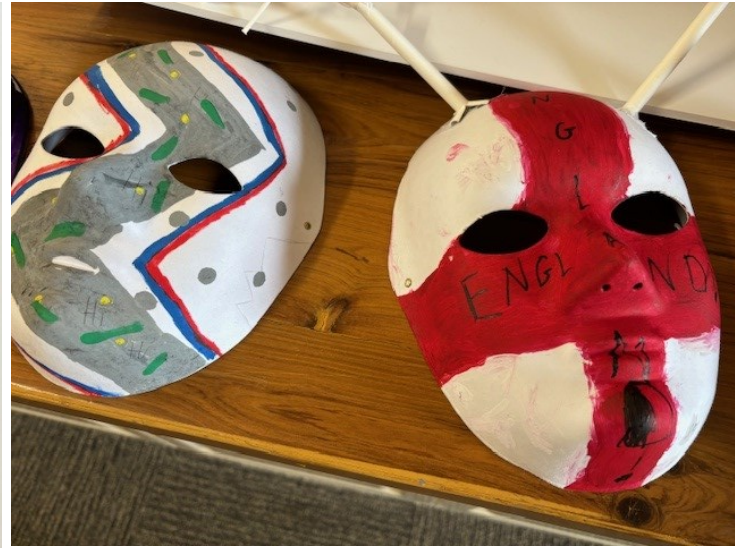
I am writing a story that is chaotic and funny. English is one of my favourite subjects - Skylah



We are all so eager to eat the bowl loads of fresh fruit. This orange is huge! It is nearly the size of my head. - Rhyce

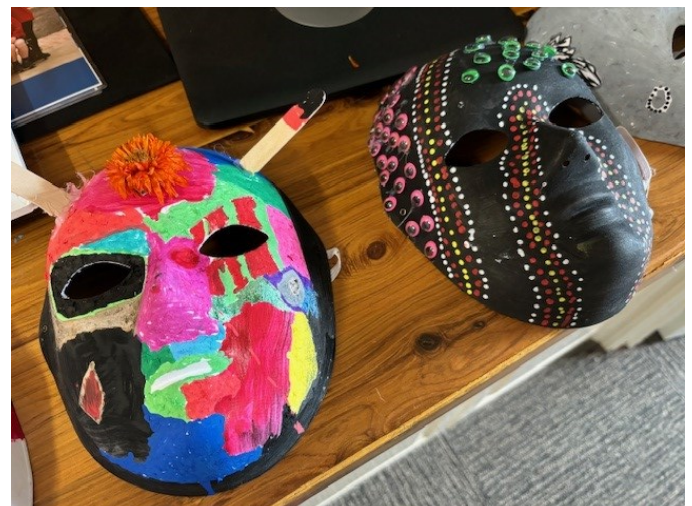
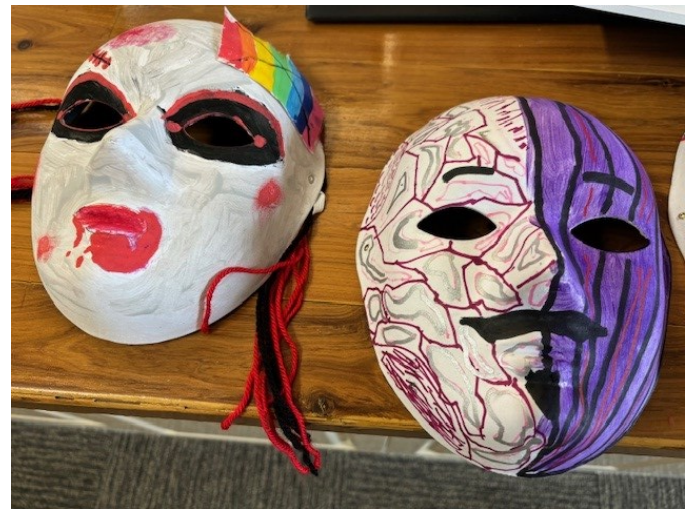


Lunch liaisons hard at work - Lexi, Hunter & Damon



## The HPS Experience— Visual Arts

Our students love our Visual Arts program! They are incredibly diligent in their approach, producing unique and creative pieces. Here is a taster of what's to come at our HPS Art Exhibition!



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## Student of the fortnight

Mrs Smart— Freddy, for turning up to school each and every day with a positive attitude and a smile on your face, and being ready and willing to learn. It has also been amazing watching you be a little social butterfly in the playground. Go Freddy!

Mr Jackson— Zayne, for demonstrating our school value of courage. You continuously apply yourself to your learning, asking clarifying questions, taking risks in your learning and speaking up when you require assistance. You are a superstar! Congratulations, Zayne!

Mrs Graham— Kai, for his engagement in his learning. He strives to improve, sets goals and is a reflective learner. Congratulations, Kai!

Mr Beechey— Damon, for having an incredible start to your final term of primary school. Your enthusiasm for new learning has been wonderful to see and hear over the past fortnight. Congratulations, Damon!

## Children's Week 2024

Children's Week is a national celebration that recognises the talents, skills, achievements and rights of children.

This year, Children's Week will run from Saturday 19 October to Sunday 27 October, with thousands of Victorian children and families expected to take part.

The theme for the week is 'Children have the right to a clean and safe environment', based on Article 24 of the [United Nations Convention on the Rights of the Child](#).

Calendar of free activities

<https://www.vic.gov.au/childrens-week#calendar-of-free-activities>

## Social Media Safety

Parents and carers play a key role in guiding their children as they navigate the online world and begin to learn through exploration, play and social interaction. Parents and carers can prepare their primary school aged child to be safe on social media even if they don't use it yet. You can do this by building good online habits and staying informed about online safety.

You can learn more how to help your child begin their online journey on the [eSafety Commissioner's website](#).

You can also learn about the range of social media, games, apps and sites in the [eSafety Guide](#), including what all the apps are, their minimum age requirements, how to protect personal information and how to report content within the apps themselves.

Find out more at <https://www.vic.gov.au/safe-socials-parents-and-carers-primary>



**Top 5 online safety tips for kids**

- 1** Set up your device to protect your information.
- 2** Explore safely and tell an adult if you see anything online that makes you feel yuck.
- 3** Limit who can contact you when you're playing games.
- 4** Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5** Ask for help if anything online is bothering you.

eSafetykids eSafety.gov.au/kids



In primary school, some students **miss** on average **3 weeks** of school **per year**. That's **half a year** of school by the end of **year 6**.



## EVERY DAY COUNTS

Primary school attendance

Going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school puts them behind.

### Why it's important

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

If students miss school regularly, they miss out on learning the fundamental skills that will set them up for success in the later years of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

### Getting in early

Attendance patterns are established early – a child regularly missing days in kindergarten or in the early years of school will often continue to miss classes in the later years, and receive lower test scores than their classmates. It's vital that students go to school every day – even in the early years of primary school.

### What we can do

The main reasons for absence are:

**Sickness** – There are always times when students need to miss school, such as when they're ill. It's vital that they're only away on the days they are genuinely sick, and setting good sleep patterns, eating well and exercising regularly can make a big difference.

It's vital that holidays are planned during school holidays where possible, and not during the term if it can be avoided.

**"Day off"** – Think twice before letting your child have a "day off" as they could fall behind their classmates – every day counts.

**Truancy** – This is when students choose not to go to school without their parent's permission. There can be many reasons for truancy. The best way to address this is for schools and parents to work together.

If for any reason your child must miss school, there are things you can do with your school to ensure they don't fall behind:

- Speak with your classroom teacher and find out what work your child needs to do to keep up.

- Develop an absence learning plan with your teacher and ensure your child completes the plan.

Remember, every day counts. If your child must miss school, speak with your classroom teacher as early as possible.

Openly communicating with your child's school about all absences is a good way to prevent attendance issues being escalated to a School Attendance Officer. A School Attendance Officer is a Department of Education and Early Childhood Development Regional Director who has authority to follow up attendance issues. Attendance issues that are escalated can lead to an Infringement Notice.

If you're having attendance issues with your child, please let your classroom teacher know so we can work together to get your child to school every day.

**For more information and resources to help address attendance issues, visit:**  
[www.education.vic.gov.au/school/parents/behaviour/Pages/studentattendance.aspx](http://www.education.vic.gov.au/school/parents/behaviour/Pages/studentattendance.aspx)

Department of Education and Training



Education and Training

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## Wellbeing Resources

Headspace - There are many ways we can support you in your mental health and wellbeing, and to help you navigate life's challenges. <https://headspace.org.au/>

Beyond Blue - We provide information and support for anxiety, depression and suicide prevention for everyone in Australia. <https://www.beyondblue.org.au/>

Kids Helpline – Anytime. Any Reason, Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. <https://kidshelpline.com.au/>

Dolly's Dream— is committed to changing the culture of bullying by addressing the impact of bullying, anxiety, depression, and youth suicide, through education and direct support to young people and families. For further information <https://dollysdream.org.au/>

eSmart— an initiative of the Alannah and Madeline Foundation helps schools maintain a supportive and connected community to reduce online bullying, and increase wellbeing. <https://www.esmart.org.au/>

13Yarn - 13YARN provides free and confidential crisis support to Aboriginal and Torres Strait Islander peoples. You can contact 13YARN from any mobile or pay phone anywhere in Australia 24/7 to talk to a crisis supporter.

[enquiries@13yarn.org.au](mailto:enquiries@13yarn.org.au)  
13 92 76

## Hepburn Springs Community Playgroup

Each Monday morning throughout the school term, 10:15-11:15am in the school hall. Follow the school's Facebook page for updates. We look forward to seeing you all there!







# Children's Week

Saturday 19 – Sunday 27 October

# 2024



**Children have the right to  
a clean and safe environment.**



Department  
of Education

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Hepburn Primary School invites you to our...

# Trivia Night

**DRESS UP THEME: TV SERIES OR  
CHARACTER**

**FUN GAMES-SILENT AUCTION-PRIZES**

**Saturday 26th October 7pm-11pm**

**HEPBURN PRIMARY SCHOOL HALL**

TICKET  
**\$25**

Tickets via Humanitix

<https://events.humanitix.com/hepburn-primary-school-trivia-night-2024>

or contact the school on (03) 5348 2531



**Hepburn Primary School**  
Established 1864

Follow us on Facebook

For more information about our school, go to [hepburnps.vic.edu.au](http://hepburnps.vic.edu.au)

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# DAYLESFORD ROTARY ART SHOW



OVER 250 ARTISTS: LOCAL, REGIONAL & BEYOND!

**1ST PRIZE  
\$2,000**

**31 OCT - 5 NOV 2024**

STANBRIDGE HALL & CHURCH

54 Central Springs Rd, Daylesford

[www.daylesfordartshow.com.au/howtoenter](http://www.daylesfordartshow.com.au/howtoenter)

THAT BARGAIN PLACE

Blooms  
THE CHEMIST

Community Bank  
Daylesford District

Bendigo Bank

GENUINE LOCAL PRODUCE  
The  
DAYLESFORD  
MEAT Co.

springs  
medical  
we're here for you

belle  
PROPERTY



Daylesford TRADING<sup>co</sup>

Hepburn  
SHIRE COUNCIL

Serif.

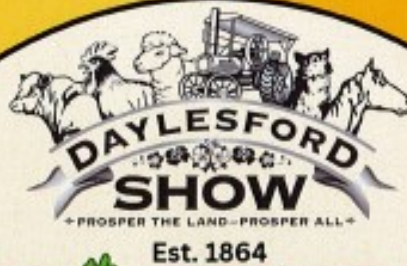
**BLOOMS THE CHEMIST OPENING NIGHT 6.00PM 31 OCT - ALL WELCOME**

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Family \$25  
Adult \$10  
Child/Conc \$5  
Under 5 Free



# 150<sup>th</sup> SHOW

Saturday 23rd Nov 2024

9am - 3pm

- Free Children's Activities •
- **Free Petting Zoo** •
- Showground Rides •
- Sideshow Alley • Food & Drinks •
- **Ag Show Comps** • **Animals** •
- **Flowers & Plants** • **Stalls** •
- Wine & Cider Tasting •
- **Craft Demonstrations** •
- **Live Local Music and more....**

Victoria Park Daylesford

[info@daylesfordshow.com](mailto:info@daylesfordshow.com)



[www.daylesfordshow.com](http://www.daylesfordshow.com)



Spade to Blade  
Daylesford Catering

Daylesford District



THE HOUSES  
DAYLESFORD



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**OCTOBER 25-27  
2024**

**CELEBRATE!  
CULTURE, HERITAGE & COMMUNITY**

**HEPBURN  
SWISS ITALIAN  
FESTA**

<https://swissitalianfesta.com/program/>