Lewsletter

15.04.2024

We acknowledge all First Peoples of the beautiful lands on which we live and celebrate their enduring knowledge and connections to Country. We honour the wisdom of and pay respect to Elders past and present.



### **Principal Report**

A fabulous start to term two! A fresh start and then beautiful sunshine has certainly provided the ideal conditions. I hope everyone enjoyed the Easter break with family and friends. Our teachers have prepared an exciting term of learning and experiences. You will note a number of key dates for the term, including



assemblies and excursions. I am very excited to be back and look forward to what term two will bring for our students.

Chat soon,

Matt

# Foundation enrolments 2025

Enrolment forms can now be submitted for 2025. Forms are due by Friday 26th July 2024. If you know someone who would like to take a tour, please encourage them to call the school to arrange a time.

# Hepburn Spring Community Playgroup

An outstanding turn out this morning for our first playgroup session. A number of families and children attended and enjoyed time to play and chat. There were a number of positive comments, particularly about our facilities and grounds which was wonderful to hear. Each Monday morning 10:15-11:15am in the school hall.



### **Breakfast Club**

We will commence in week two, Friday 26th April 8:15-8:45am. We are always on the look out for volunteers to assist in cooking toast, cutting fruit and engaging with our students. If you are interested, please let the school know.

# **School Fun Run**

Make sure you claim your prizes by Friday 19th April. An email was sent directly to everyone that had registered with the relevant instructions.



# Newsletter

Date 15.04.2024

# **Cross Country**

A reminder to please return the signed permission form as soon as possible. If this has been misplaced, please request a new form.

# Wellbeing Resources

Headspace - There are many ways we can support you in your mental health and wellbeing, and to help you navigate life's challenges. https:// headspace.org.au/

Beyond Blue - We provide information and support for anxiety, depression and suicide prevention for everyone in Australia. https:// www.beyondblue.org.au/

Kids Helpline – Anytime. Any Reason, Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. <u>https://</u> kidshelpline.com.au/

Dolly's Dream— is committed to changing the culture of bullying by addressing the impact of bullying, anxiety, depression, and youth suicide, through education and direct support to young people and families. For further information

# https://dollysdream.org.au/

eSmart— an initiative of the Alannah and Madeline Foundation helps schools maintain a supportive and connected community to reduce online bullying, and increase wellbeing.

https://www.esmart.org.au/

# **Junior School Council**

We have two events planned for this term. The first is an activities afternoon which includes our House Captains on Tuesday 30th April 2:30-3:30pm. The afternoon will include a tug of war and eating competition, you are all invited. The second is Dress up as a Teacher Day which is set for Tuesday 28th May. Keep an eye out for the flyers to promote these events.





